



# Hi!

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Imagine a future...



Farmers and  
growers  
choose the  
seeds they  
want to grow



Our seeds are  
diverse and  
can adapt to  
changing  
conditions



Our seeds  
are grown in  
the UK



Seeds are  
produced in  
agro-  
ecological  
systems

Our food has  
flavour and  
nutrition



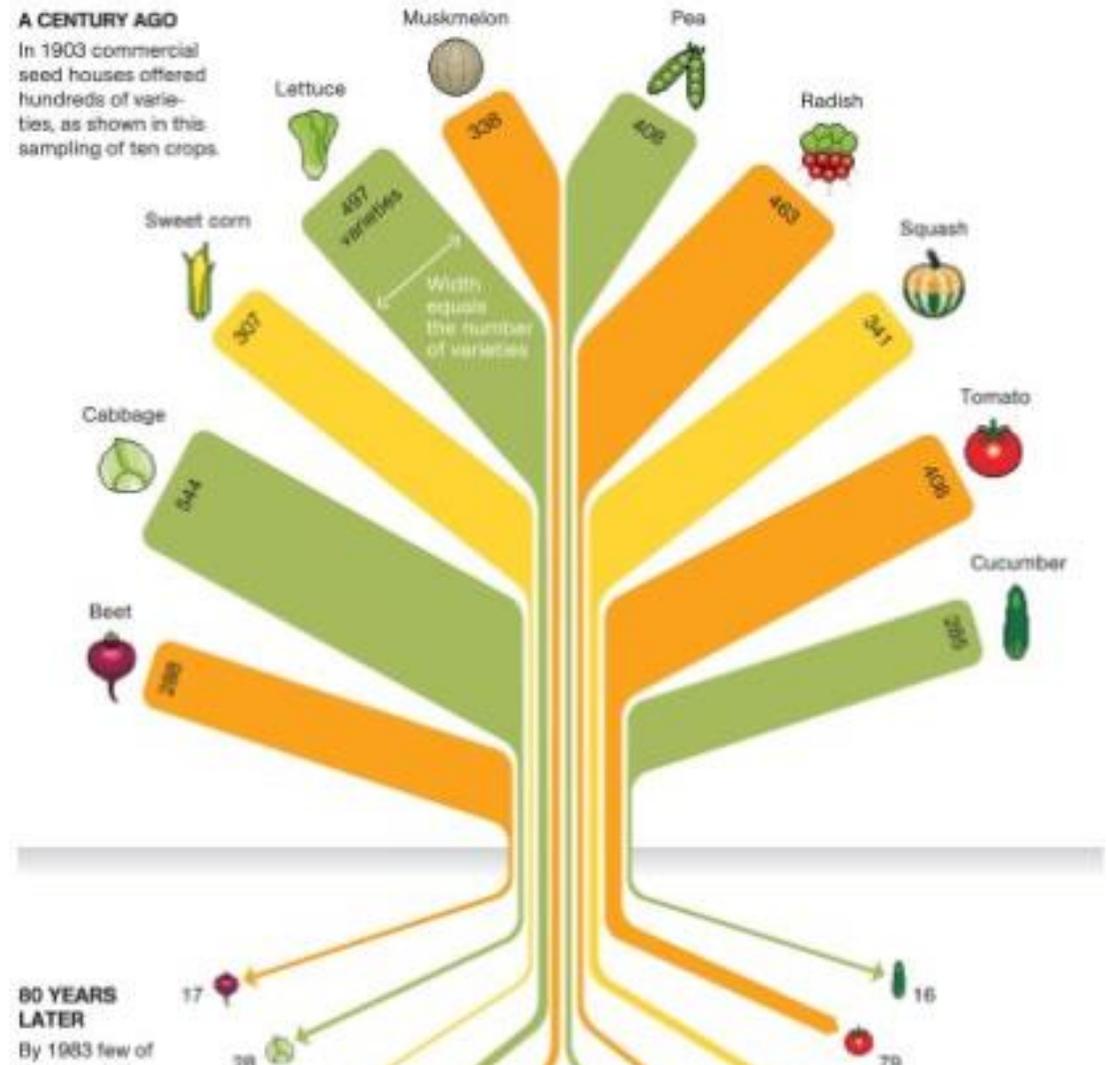
Our seed culture is celebrated!



Currently...

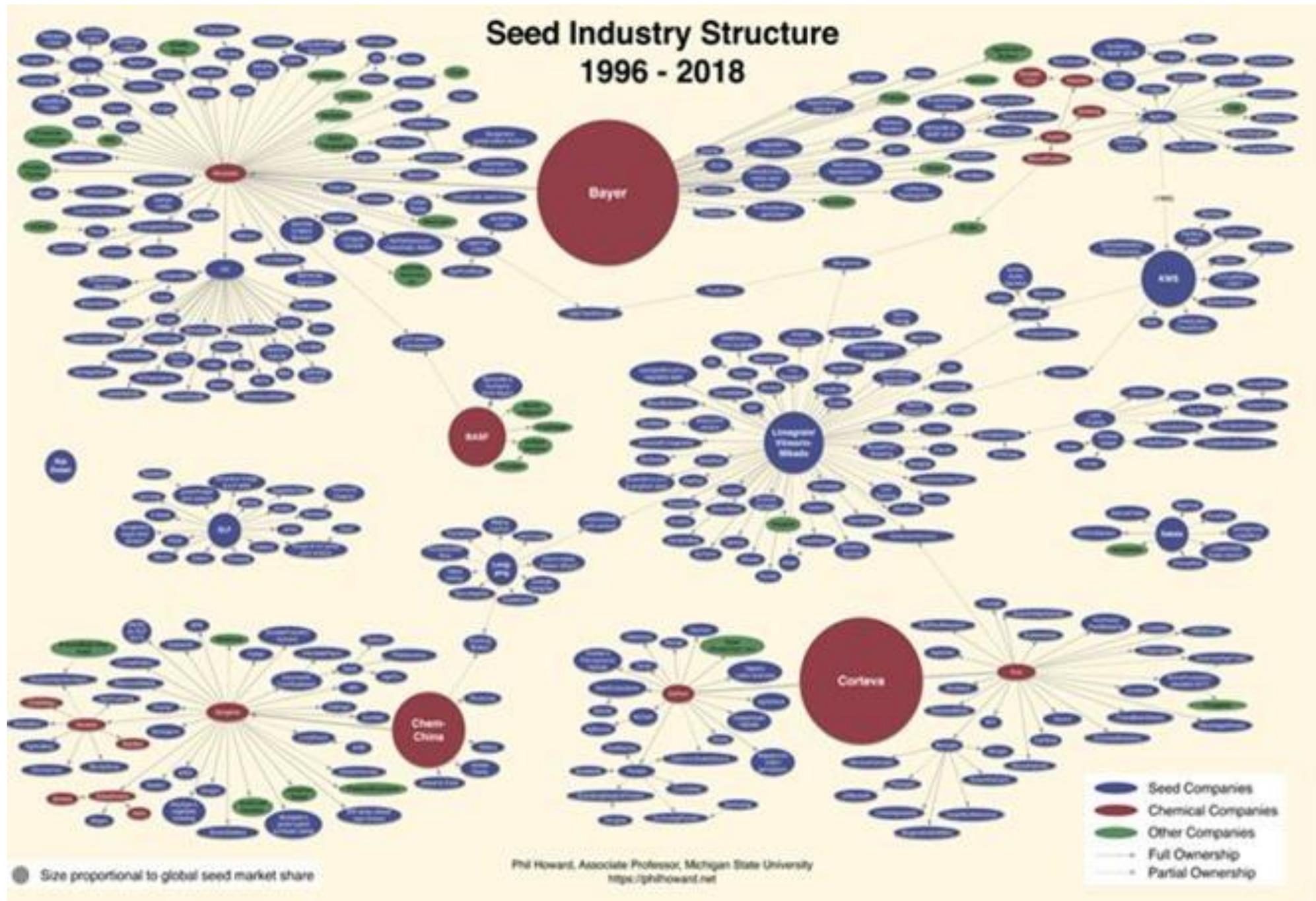
75% agricultural plant diversity has been lost since 1900

Diversity is essential for plant adaptation



Four seed companies (Corteva, ChemChina, BASF and Bayer) control over 60% global seed market

80% organic vegetable seed is imported. (65% non-organic)



Bayer  
(Monsanto) ultimately  
own 75% global food  
brands or...





But what can I do?

# Choose wisely

- Buy locally or UK-grown, organic if possible, seasonally appropriate, food
- Grow as much of your own food as possible (but small is better than none!)
- Choose seeds that are UK-grown from independent suppliers that favour agro-ecological systems and have good business ethics
- These include: Esk Seeds, Real Seeds, Seed of Scotland, Vital Seeds, Tamar Organics, Wales Seed Hub...
- Learn how to save your own seeds and share your spares!

# Saving seeds

- The seed cycle
- Starter seeds
- Harvesting
- Storing



# REAL SEEDS

## ORGANIC TRIESTE WHITE HALF-LONG COUSA COURGETTE

*Bulbous courgette, originally from the mid-east, then from Italy. Very pale green - almost steel-grey. Strong bushes, quick and early, with high production.*

All squash need WARMTH to germinate: 23C min! Sow April/May in small pots. Keep warm until germinated. Grow on under cover until 3 true leaves formed. Plant out 3-4' apart. Heavy feeders, need fertile, well manured soil - dig in a bucket of well-rotted manure/compost under each plant. Pick fruits small & regularly to keep the plant producing. Ideal size is 3" across for pattypan, 6-7" long for courgettes. Any bigger and they will be tough - especially pattypan.

[www.realseeds.co.uk](http://www.realseeds.co.uk)

Starter seeds – not F1  
or hybrid!



Peas, French beans, lettuce, (most) tomatoes  
Do not cross pollinate, save 'true to type'



Harvest when  
FULLY ripe!

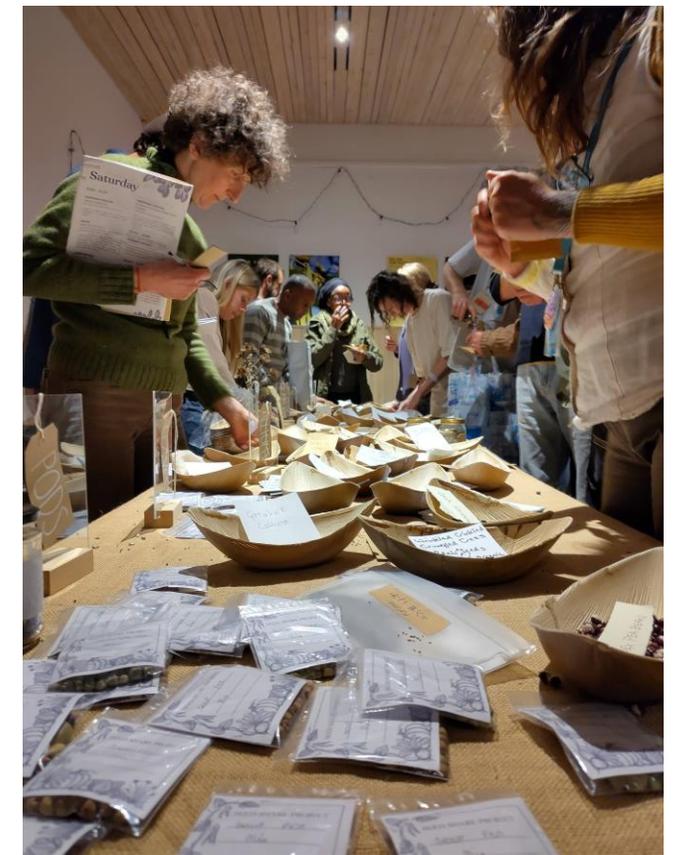
Process seeds  
according to variety

Real Seeds have  
excellent  
instructions!



Storage

Dry and well  
ventilated, low  
temperature,  
rodent proof!



Share!

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